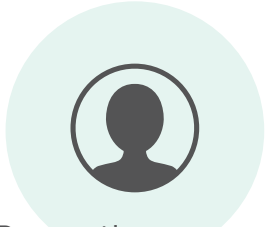


ART ROOM Think Sheet

Name _____

Date _____

1 Circle the art room expectation you did not follow.



Respecting yourself
as an artist



Respecting your
classmates



Respecting the teacher/
classroom aides



Respecting the art
supplies and studio space

2 Fill out the “First, Then, Now” sections below to explain what happened.

First	What happened first? ⇒	Then	Now	
<ul style="list-style-type: none"><input type="radio"/> I was feeling bored.<input type="radio"/> I did not understand the project.<input type="radio"/> I did not like the project.<input type="radio"/> I was upset about how my project was turning out.<input type="radio"/> Someone wasn't sharing the art supplies I needed.<input type="radio"/> Someone said something that made me sad, upset, or angry.<input type="radio"/> Someone did something that made me sad, upset, or angry.<input type="radio"/> I was having a terrible day before art class.<input type="radio"/> Other: _____	⇒	<p>What happened next? What did you do?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>What is the consequence?</p> <ul style="list-style-type: none"><input type="radio"/> I am missing out on the art project as I fill out this sheet.<input type="radio"/> I may have hurt other people's feelings.<input type="radio"/> My art teacher or other students might not trust me.<input type="radio"/> I have a problem to solve.<input type="radio"/> Other: _____<input type="radio"/> Other: _____	

3 Fill out the “Think and Plan” sections below to figure out how to make it right.

Think



Plan

Who do I need to apologize to?

What could I say to them?

“I am really sorry because...”

Do I need to do something besides apologizing to make this right?

How can I avoid this next time?

- Ask for a break when I am upset.
- Talk with another student before acting.
- Take a deep breath and count to 3.
- Ask the art teacher for help.
- Other: _____

We are in this together. What can my art teacher do to help me in the future?

**Student
Signature**

**Teacher
Signature**
