

# KINDNESS POSTER

## SUPPLIES NEEDED

- Paper or Cardboard
- Crayons, markers, or other drawing tools
- Paint, stickers, collage materials (optional)

## DIRECTIONS

Create a positive motivational poster to send encouragement to others in the world around you. Then, display your poster where you live. You might even hang it in a window to send a positive message to others!

## LETTERING IDEAS



## EXAMPLE PHRASES

Be Kind to Each Other

Just Breathe

Practice Positivity

Everything is Going  
to Be Okay

Find the Good

Love Always Wins

You Can Do It

Never Give Up

## SYMBOLS OF POSITIVITY

